Quick Change Guide

***Check the quick change schedule below to see if your dancer is listed.**

What Is A Quick Change?

A Quick change is when a dancer has 3 or less dances in between routines and they need to place their costume in the Quick Change room near the stage for fast changing.

If your dancer has a quick change they will be responsible for placing their quick-change costumes in the quick-change dressing room in the back of the stage prior to the start of each show. Each dancer will only change in the quick-change room during their quick changes. If they are prepared ahead of time for their quick changes they will be calm cool and collected and all will go smoothly.

Quick Change Steps:

1. Please use a paper grocery bag or reusable grocery bag to store your Quick Change Costume. Add to the bag all of the accessories, shoes, hair items, make up, tights, socks etc. that you need for your quick change. Label the outside of the bag with the following:

    a. Dancers Name
    b. Dance Title
    c. Littles or Main Show
    d. Performance #

For Example:
Alice Smith
"Don't Stop The Party"
Show 2 - Routine #6

2. When you arrive at Lincoln Middle School you will check in as usual. Then quickly locate the **Quick Change Room** which is behind the stage/walk through area. (If you are unsure ask any SFK Staff or Faculty to help.) If you have a Quick Change in Show 1 take your costume to the Quick Change room and introduce yourself to the **Quick Change Staff.** The Quick Change Volunteers will be helping you during your Quick Change and they will help to dress you quickly between dances. When it's time for your Quick Change, DO NOT return to the cafeteria. Instead, exit Stage Right and go directly to the Quick Change room where a volunteer will help you change.
3. At the end of your dance or at the end of the show be sure to return to the Quick Change Room to collect your costume. Please feel free to stop by the front desk to ask any additional questions you may have. We are happy to help.

QUICK CHANGE 2018

SHOW 1: THE LITTLES

DANCERS NAME	QUICK CHANGE NUMBER	HELPER
Sienna G	1-4	
Shae W	1-4; 4-7	
Lilly G	1-4	
Maddison G	1-4; 11-14	
Sofia S	2-4	
Brooklyn J	2-5	

QUICK CHANGE 2018

SHOW 2: MAIN SHOW

DANCER'S NAME	QUICK CHANGE NUMBER	HELPER
Andrea DB	1-5; 5-8; 8-12	
Zoey T	1-5; 5-8	1-5; 5-8
Coco K	2-5	
Kala F	2-6; 15-18	
Daliah H	3-5	
Kai F	5-8; 14-17; 17-21; 21-23	
Christina S	5-8	
Shae W	7-11	
Lilly G	7-11	
Maddie G	8-11; 21-25	
Samantha H	8-12	
Evelyn H	8-12	
Megan P	8-12	
Siena G	16-19	
Katie W	16-19	